



**A 10 Day
Prayer Guide
for the
Global Day
of Prayer**

THE GLOBAL DAY OF PRAYER TEN DAY YOUTH GUIDE

The seemingly impossible has happened...

On the 31st May 2009 people like you and I prayed in every nation on planet earth. Prayer rose in many languages in an unprecedented move of the Church. Millions sought God and met with Him in their homes and communities. Though this amazing milestone has been achieved, we're not stopping the prayer. As a new decade dawns we invite you to join us in the largest prayer meeting planet earth has ever seen.

Are you ready to make history again?

From it's humble beginnings the Global Day of Prayer on Pentecost Sunday has gathered young and old, from all walks of the Christian faith to cry out to God for the healing of their nations and generations! On the 23rd May 2010 people from every tongue, nation and tribe will gather again across many time zones in repentance and prayer. Together we are taking God's word seriously...

"If my people, who are call by my name, will humble themselves and pray, and seek my face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land." (2 Chronicles 7:14 NIV)

In 2009 we were challenged to pray in the most unlikely and neglected places in our communities and nations. In 2010 we're going to divide our focus to look in at our own hearts and at our Church, and then out at our communities and the nations. Together we are one body asking God to turn the tide of culture back to the most radical leader of all: Jesus Christ.

Add your 'Amen' in 2010!



Carla Harding
24-7 Prayer



Etienne Piek
The Global Day of Prayer

ADD YOUR AMEN

“And I, because of their actions and their imaginations, am about to come and gather all nations and tongues, and they will come and see my glory.” (Isaiah 66:18 NIV)

At the turn of the millennium, Christians in Cape Town gathered to pray for their nation. As word spread, others joined them across the continent of Africa, echoing their heart to see their nations transformed. Year by year, millions sought God from almost every stream of the Christian faith until their passion and unity burst out from Africa to impact the world. The first Global Day of Prayer in 2005 drew a staggering 200 million people.

THE LARGEST PRAYER MEETING ON PLANET EARTH

Every year for the last half decade the numbers that have prayed on Pentecost Sunday have grown. People have gathered in groups large and small in Schools, Universities, work places and where they live, as well as in churches and stadiums. United by the same prayer and the same heart we have been part of an avalanche of Amen's, gaining momentum across the globe.

“When two or three of you are together because of me, you can be sure that I'll be there.” (Matthew 18:20 MSG)

Ten – One – Ninety

Inspired by Acts 2 we invite you to join us in ten days of constant prayer in preparation for Pentecost Sunday and the Global Day of Prayer. From there, we challenge you to become the answer with 90 days of blessing and service in your local community.

Ten Days of Constant Prayer: May 13th – 22nd 2010

For ten days we invite you to hang out with God in a daily rhythm, with a group of other Christians or in a 24-10 Prayer Room.

The Global Day of Prayer: May 23rd 2010

Gather in your homes, public venues and stadiums to join millions of others in prayer. Connect to the rest of the globe via television, radio and the Internet.

Ninety Days of Blessing: May 24th – 21st August

Be the instrument through which God answers your prayers. Form a group or support local initiatives to bring practical help to your community.

WHY ARE WE PRAYING?

The Global Day of Prayer is a call to encounter God.

After Jesus returned to heaven, His friends gathered in a room to wait for the promised gift of His Spirit. Their encounter with God, recorded in Acts 2, was the first fundamental step towards birthing the Church and transforming the world. Full of God and fuelled by prayer the disciples proved contagious as they spread the Jesus virus across the world. If we really want to see our friends know Jesus, and the evil and suffering in our world end, then we too need to ask for the same gift.

A two-way conversation with God will inevitably change us. As we pray over the ten days and ask God to move, do not be surprised if He moves you.

What Are We Praying?

There are two simple focuses for our ten days of prayer: breathing in and breathing out.

Breathe In

In the following prayer guide you will find questions and prayers around Joel 2. Using this passage, people around the world will be thinking and praying about their relationship with God and the local and international Church they are part of.

Breathe Out

God doesn't just work with us; He also works through us. Every day from the 13th – 22nd May we'll be using the Lord's Prayer to bring the Kingdom of Jesus to earth now.

How Are We Praying?

This prayer guide is full of creative suggestions for the daily prayer themes to help even the most reluctant or inexperienced person encounter God.

Pray Globally – Synchronise Watches!

If you have a watch, clock, phone or anything with an alarm program it now to go off at mid-day, every day from the 13th – 22nd May. When you hear your alarm, wherever you are, whatever you're doing stop and pray the Lord's Prayer. You won't be alone. As people around the world set their alarms the Lord's Prayer will be said on the hour, most hours, such is the wonder of time zones!

Pray Locally – Gather with Friends

Get creative: how can your community fill the ten days approaching Pentecost with prayer? Go beyond your normal prayer habits.

- Host a 24-10 Prayer Room! The 24-7 Prayer movement can equip you with free resources to design a creative night and day Prayer Room where people can sign up to pray in hour shifts. Ideas for what you put in the room and how you could pray are included in the daily guide. Express your prayers in words, song, paint, sculpture, movement, activity or any other way you can think of to focus your mind and spirit. Find out more and request resources at <http://www.24-7prayer.com/GDOP>
- Form a prayer-chain each filling an hour or more wherever you are in prayer. If your community is spread out this could be a great way to pray together.
- Gather at specific times of the day: in the morning, at lunchtime or before bed to pray through the themes for each day.
- Use technology to gather people. If your community is spread out why not text, email, Tweet or FaceBook the daily prayer focus to your friends.

Language should be no barrier to prayer so if there isn't a translation of this booklet in your first language why don't you write one?

Go ahead and send your translation to us at info@globaldayofprayer.com.

Visit www.globaldayofprayer.com to see the list of already translated prayer guides.

13 & 14 May 2010



Day 1 - Revive

"Our Father who is in heaven..."

Breathe Out: Find or make a globe, a sphere that represents our world and cradle it in your arms like you would a baby. Think about God as the Father of this world: of you, your church and your nation. Pray...

-For life and unity in the worldwide Church

-For all God's children to know and love Him as their Father no matter where they are or what they've done

-For an unquenchable thirst to speak with God to spread throughout the Church

Day 2 - Reveal

"...sanctify Your name..."

Breathe Out: Cover a wall in paper and write all the names you know for God. If you're struggling why not read these verses: Genesis 21:33, Exodus 3:14, Judges 6:24, Deuteronomy 7:9, Deuteronomy 10:17, Isaiah 5:16, Psalm 136:26, Isaiah 7:14 & John 8:58. Now lie on the floor looking up at the wall and think about what each of these names tell you about God. Pray...

-That the world would know our God and what He's capable of

-That the Holy Spirit would show people the true love of their Father and discredit the competitors who take His place in our hearts and minds

-That we would be bold and everyone across the world would hear about Jesus

-That the Bible would be understandable and attainable for everyone

Day 1 & 2 - Breathe In

"Yet even now," declares the LORD, "Return to Me with all your heart, and with fasting and weeping and mourning."

Read Joel 2:12-14

Consider: Have you walked away from God and His best, in any area of your life?

Returning to God means more than going to church and turning away from sin. It means turning our full attention to God, coming close to Him with confidence in His amazing love.

Pray: Ask forgiveness for the things you have done or not done that have taken you away from God. Invite the Holy Spirit to fill you and make the presence of God felt in your life today.

15 & 16 May 2010



Day 3 - Rule

"...May Your kingdom come..."

Breathe Out: Stretch whichever hand you don't write with out on a desk. On the palm of your hand write all the selfish or evil things people do that affect your community. On the back of your hand write all the good things you and God want for your community. Form your hand into a fist and pray that God would envelop the negative and include us in bringing the positive. Wash your hands as a symbol of God washing away these negative actions. Then pray...

- That the Holy Spirit would use our hunger for love to draw all people to King Jesus
- That you and all Christians would be filled with the Holy Spirit and live to the fullness of our potential
- That our society would reflect Jesus' love, integrity, justice and generosity

Day 4 - Transform

"...and may your will be done, on earth as it is in heaven..."

Breathe Out: Get a newspaper and a balloon. What stories in this paper upset God? Choose one, tear it out, screw it up and push it inside the deflated balloon. As you blow up the balloon pray...

- That our relationship with God would affect our attitude to study, work, our neighborhood, friendships and the leaders within our nation
- For our political leaders: that they'd know God and act justly, love mercy and walk humbly with Him
- For the love, peace, justice and joy that comes from knowing Jesus as King to spread throughout our society

Day 3 & 4 - Breathe In

"Gather the people...and let them say, 'Spare Your people, O Lord...' Why should the peoples say, 'Where is their God?'"

Read Joel 2: 15-17

Consider: How have we as God's people not been a good example of Jesus' love on earth?

Around the Global Day of Prayer we break our normal routines to come before God together to say sorry and pray for our world. It is an opportunity to start afresh.

Pray: Ask God's forgiveness for the things we have done wrong as His people and ask for His blessing and guidance on your Church.

17 & 18 May 2010



Day 5 - Provide

"...Give us this day our daily bread..."

Breathe Out: Find or make a cross and kneel in front it. Grasp the cross in your hands and share with God all the needs weighing on your mind. When you've cleared your head of all your own worries pray...

- For all who lack food, water, healthcare or a place to live
- That you and all other Christians would have the faith to pray for healing and the courage to try and change things for the better
- That our Father would bless and provide for all who lack the money or opportunity to live free, healthy and happy lives
- That the church around the world would respond to poverty, sickness, injustice and disaster with compassion, prayer and practical help

Day 6 - Forgive

"...Forgive us our sins..."

Breathe Out: Take a long, thin piece of cloth and bind your feet tightly together. Try to stand and walk across the room, in your struggle pray...

- That you and all people would know how we've hurt God and the effect it's had on our lives
- For the Holy Spirit to give us the strength and motivation to stop hurting God, change our lives and cut ourselves off from temptation
- That our nations would see and turn away from the hatred, greed and indifference that cause war and suffering

Day 5 & 6 - Breathe In

"Then the LORD will be jealous... and take pity on his people... Be not afraid... be glad and rejoice. Surely the LORD has done great things."

Read Joel 2:18-22

Consider: What evil things affect your life and your community?

Our God will contend with the forces that devastate our communities. As great as the evil may be, God will do even greater things.

Pray: Ask God to do great and good things in your life and the life of your community. Ask God to move in your heart and through you in your community.

19 & 20 May 2010



Day 7 - Reconcile

"...as we forgive those who sin against us..."

Breathe Out: Think of someone who has hurt you, someone who has done something you have struggled to forget. Write down their offense against you on a piece of paper. As you burn it or tear it into tiny pieces pray...

- That you, your friends, your family and community would forgive those who have caused hurt and love people who are different
- That Jesus would mend relationships and disagreements even between those at war
- For broken marriages, families and friendships to be put back together
- For strength and grace for Christians in prison, threatened or hurt for their faith

Day 8 - Lead

"...and lead us not into temptation..."

Breathe Out: With some clay or dough, make a human figure. Think about how long it took God to create you, what His ideal is for your life and what He says about how He made you (Psalm 139:14). Pray...

- That you and all Christians would love God with such a passion that hurting him or ourselves would be unthinkable
- For all Christians to know what God wants and to have the guts to do it
- That Jesus would make honesty, generosity and kindness more appealing than lies, greed and oppression to the people who affect our society

Day 7 & 8 - Breathe In

"You will have plenty to eat and... praise the name of the LORD your God, who has dealt wondrously with you."

Read: Joel 2:23-27

Consider: How has the first eight days of prayer affected your relationship with God? Are there ways you can see that He has blessed you in this time?

When God's people return to Him with all their heart, there is promise of tangible changes and great joy in their communities.

Pray: Ask God to surprise the world by working in a wonderful way in your life and in the life of your Church.



21 & 22 May 2010

Day 9 - Overcome

"...but deliver us from evil..."

Breathe Out: Read Ephesians 6:10-18 and draw or imagine the armor of God. Which piece of armor do you feel is especially important to you right now? Pray...

-That no evil power could stop someone from knowing the love and freedom offered by Jesus

-That people who love other gods, things, or other people more than Jesus and those trapped by depression or an evil spirit, would be free to choose to follow Him

-For God to show His power by defeating the evil forces and desires that corrupt our world

Day 10 - Glorify

"...for Yours is the kingdom, and the power, and the glory forever. Amen."

Breathe Out: Do you have a favorite song about how great God is? If not can you make one up? Stand now, sing at the top of your lungs and pray...

-For God to display His power and give us hope that He is coming back to remove all pain, fear, sickness and suffering.

-That we would show our love for Jesus by caring for others more than ourselves

-That Jesus would be honored openly, worshipped extravagantly, and glorified globally

Day 9 & 10 - Breathe In

"I will pour out my Spirit on all people...And everyone who calls on the name of the LORD will be saved."

Read Joel 2: 28-32

Consider: How would you like God to use you in your Community to see His Kingdom on the earth? What would the promises in this passage look like if they happened in your community?

From every race and in every place, people will hear and speak of God's call. Many will be saved to the glory of His name.

Pray: Ask the Holy Spirit to fill you and equip you with all you need to live for Jesus.

THE GLOBAL DAY OF PRAYER

You've prayed for 10 days, are you ready to join the largest prayer meeting on planet earth?

Pray with your church

On Pentecost Sunday plan special portions of your Sunday service to be devoted to prayer:

- Announce that millions across the world are gathering to pray for Jesus' glory and the transformation of the nations.
- Read aloud the "Prayer for the World" as a congregation.
- Share reports of how people have been praying during the ten days.
- Plan how your prayers will continue during the 90 days of blessing following Pentecost.

Tune into the broadcast

There will be multiple live prayer broadcasts from different parts of the earth, reporting hourly on the day's progress. Broadcasts are available by:

- Satellite downlink
- Cable television
- Radio The Internet

Go to www.globaldayofprayer.com
to learn about times and media in your area.

Gather the Tribes

On the afternoon and evening of Pentecost Sunday all over the world, Christians from many diverse streams are planning to gather in schools, Universities, public stadiums, auditoriums, and open squares. Gather with your community to worship and pray for repentance, healing and blessing in your nation. Gather beyond the walls of your church and join with other Christians in your area so God's power can be seen in public.

A Prayer for the World

International prayer leaders prepared the following prayer. It will be read in unison at each of the gatherings on the Global Day of Prayer. As you read these words you will join more than 500 million 'Amen's around the globe...

A PRAYER FOR THE WORLD

“They lifted their voices to God with one accord...” –Acts 4:24

Almighty God – Father, Son and Holy Spirit,

Together with believers all over the world,

We gather today to glorify Your Name.

You are the Creator of heaven and earth.

There is no one like You, holy and righteous in all Your ways.

We submit to Your authority as the King of the universe.

We pray with one voice to enthrone You in our hearts
and to honour You before the world.

Lord God, You alone are worthy of our praise and adoration.

Our Father in heaven,

Thank You for loving the world so greatly.

You gave Your only Son, Jesus Christ,

to die on the cross for our sins so that we could be reconciled to You.

We are grateful to call You Father and to be called Your children.

Nothing can separate us from Your love.

**Thank You Father, for adopting us into Your family because of
Jesus Christ our Saviour.**

Lord Jesus Christ,

You alone are worthy to open the scrolls of history,

for You were slain and have redeemed us to the Father by Your blood.

We confess that You are Head of the Church and Lord of all heaven and earth.

May people from every tribe and language become Your followers
so that Your blessing brings transformation among all peoples.

Let Your kingdom be established in every nation of the world
so that governments will rule with righteousness and justice.

And may Your Name be great, from the rising of the sun to its setting.

Jesus Christ, You are the Saviour of the world and the Lord of all.

Father of mercy and grace,

We acknowledge that we have sinned

and that our world is gripped by the power of sin.

Our hearts are grieved by injustice, hatred and violence.

We are shamed by oppression, racism and bloodshed in our land.

We mourn all loss of life in murder, war and terrorism.

Our homes are broken and our churches are divided by rebellion and pride.

Our lives are polluted by selfishness, greed, idolatry and sexual sin.

We have grieved Your heart and brought shame to Your Name.

Have mercy on us as we repent with all our hearts.

God of mercy, forgive our sins. Pour out Your grace and heal our land.

Spirit of the living God,

Apart from You, we can do nothing.

Transform Your Church into the image of Jesus Christ.

**Release Your power to bring healing to the sick,
freedom to the oppressed and comfort to those who mourn.**

Pour Your love into our hearts and fill us with compassion

**to answer the call of the homeless and the hungry
and to enfold orphans, widows and the elderly in Your care.**

Give us wisdom and insight for the complex problems we face today.

Help us to use the resources of the earth for the well-being of all.

Holy Spirit, we need Your comfort and guidance. Transform our hearts.

Lord Jesus Christ,

**Because You were dead, but are now risen,
and the Father has given You a Name above all names,**

You will defeat all powers of evil.

Tear down strongholds and ideologies that resist the knowledge of God.

Remove the veil of darkness that covers the peoples.

Restrain the evil that promotes violence and death.

Bring deliverance from demonic oppression.

Break the hold of slavery, tyranny and disease.

**Fill us with courage to preach Your word fearlessly,
and to intercede for the lost faithfully.**

Almighty God, deliver us from evil.

King of Glory,

Come and finish Your work in our cities, our peoples and our nations.

**We lift our voices in unison with believers from Africa and Asia,
from the Middle East and Europe, from North and South America,
and from Australia and the Pacific Islands—together we cry:**

Lift up your heads, O you gates!

Be lifted up ancient doors

so that the King of glory may come in!

As Your deeds increase throughout the earth,

and as Your blessings abound to all the nations,

they will seek You, asking, "Who is this King of glory?"

Together we will answer:

He is the Lord Almighty!

Blessed is He who comes in the name of the Lord!

Come fill the earth with Your glory as the waters cover the sea.

The Spirit and the Bride say:

Amen! Come Lord Jesus!

NINETY DAYS OF BLESSINGS

BECOME THE ANSWER TO YOUR OWN PRAYERS

You've prayed the prayer, now put your hands where your heart is. No matter where you live on planet earth poverty, injustice and exploitation are present. Investigate what your local pastors, congregations, mission agencies, and business leaders are doing to transform your communities and respond practically to the needs you've been bringing to God in prayer.

Volunteer: get involved! Use the 90 days after Pentecost Sunday to pray, study what the Bible says about our response to the poor and get your hands dirty serving a local initiative. Imagine the global impact of 500 million people giving 1 hour a week to serving their communities and seeing oppression and injustice pushed down.

Watch www.globaldayofprayer.com for announcements and plans for coming celebrations this decade, and join us for a global gathering of the tribes in Cape Town, South Africa from 19 - 23 May 2010. Go to <http://www.gdop2010.com>

Download the 90 Days of Blessings Guide:
http://www.globaldayofprayer.com/90days_guide.html

"Our 24-7 week exceeded all expectations. Over 200 people used the prayer room, and more than 20 churches got involved. 24-7 has been one of the most productive (yes, prayer is productive!) weeks I have ever known. People were saved. The lukewarm were ignited. Unity made huge steps forward. Through 24-7, a radical vision was imparted way beyond anything our puny little talks could have accomplished. The week has also multiplied itself into three other locations." (Ian)





