



LUKE 10  
TRANSFORMATION

**TRAINING MANUAL**

## FOREWORD TO THE L-10-T TRAINING MANUAL

Welcome to L-10-T an exciting lifestyle changing training course!

L-10-T challenges you to a radical new lifestyle! L-10-T guides you to a lifestyle where you will daily follow Jesus Christ wherever you go and imitate Him in a way that is possible for **all of you** in your interaction with friends and strangers.

L-10-T will allow the Holy Spirit to work in and through you in ways you **never before** thought possible. L-10-T will allow your faith in Christ to **get shoes** and to move out of your home or congregation to the places where you work, get your education or relax.

I pray that YOU will take up the challenge to L-10-T from Monday to Saturday wherever you go. That you may even be willing to do small things every day which the Holy Spirit may use to do great things in the hearts of people who do not know Christ!

There is no more time to loose, LET'S GO!

Willem Joubert

# L-10-T

## *Luke 10 Transformation*

### **Introduction**

L-10-T is an exciting and radical new way for ordinary Christians (older than 12 and younger than 100 years) to follow Jesus (introduced by Jesus Himself nearly 2 000 years ago!).

With L-10-T you and the Holy Spirit can preach the Good News everywhere you go - at school, at university, at work, on the sports field, at the cinema, or wherever you visit with your friends -

**And only if necessary use words!**

**Everybody can L-10-T!**

### **Requirements?**

A fully committed life to follow Jesus with everything within you.

# LET'S GO!

## Lesson 1

# Why L-10-T?

In most modern urban environments it appears as if the Church of Jesus Christ (as expressed in a multitude of denominations and congregations) is not making any impression on society. One finds numerous wonderful programmes by individuals and groups to execute the commandments of Jesus in society - but the need is just too big and the programmes are usually uncoordinated due to the fact that the Church does not work in unity.

Even though about 79% of South Africans claimed to be Christians in the 2001 census, only about 3% of them ever visit a church building and only about 10%-20% of the regular congregants are really active (i.e. 0.3%-0.6%, let us say 1% or 450 000 people in South Africa!)

It is true that many Christians live their faith without ever going to church and that others are not active in the congregation but do a lot outside the church, either individually or by working for para-church or even secular organisations.

Only about 4% of South Africa's population belong to other religions. The largest non-Christian group is the 15% of the population professing no faith.

You will agree that there are three main groupings of people in South Africa who need to be reached for Christ (the harvest):

- Those who are Christians in name only, but are not living their faith (at least 50% but possibly as many as 70% of the population)
- Those professing false religions (4%)
- The atheists (15%)

### WHO WILL REACH THEM AND HOW?

At the birth of Christianity Jesus was concerned about the same issue:



**Read Luke 10:2.**

*2 He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field.*

Let us consider some facts about the workers in the harvest and their methods.

The active members of congregations often serve on more than one programme or committee and are usually over extended.

Almost 90% of the programmes in the normal congregation are aimed internally - they do excellent work, but care mainly for congregants.

A person needs the gift of evangelism to be able to serve effectively in one of the traditional direct evangelism programmes (such as evangelistic crusades, Jesus Film teams, missionaries, house-to-house programmes). Research shows that about 4% of congregants have the gift of evangelism.

Recent research (large Muslim Asian country) shows that only 4% of the people who come to Christ do so as a result of direct evangelistic methods. 78% come to Christ as a result of a series of interactions or relationships with ordinary Christians (Source: Steve Capper - Mission Houston). This is confirmed by a study in the USA which found that 75-90% people come to Christ as the result of interaction with a friend or relative (Peel & Larimore, *Going Public with your faith*). **This reinforces the tremendous importance of our behaviour as Christians in our everyday life!**

Furthermore the 75-90% moves through about 18 micro decisions from being anti-Christian to being committed disciple. Ordinary Christians, meeting them along the way, assist them in finding answers to their questions.

### **Who should do the work in the harvest?**


The ministers, Christian leaders and those who have the gift of evangelism? Or should we pray more?



**Read Eph 4:11-12.**

*11 And He Himself gave some to be apostles, some prophets, some evangelists, and some pastors and teachers, 12 for the equipping of the saints for the work of ministry, for the edifying of the body of Christ, (NKJV)*

It is clear that the apostles, prophets, evangelists, pastors and teachers should equip the faithful for the work of ministry. What is the work of ministry? When should it be done?

 **Discuss how you will approach the task of evangelism in your city with reference to the information discussed in the lesson thus far. Perhaps the situation is different in your congregation - discuss!**

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**Let us look at a few of Jesus' commandments to us as his disciples or followers:**

Jesus had a perfect relationship with His Father God. He lived a lifestyle without reputation for the Father. He took our sin on Him and died for us. His only requirement was that we should imitate His lifestyle!

He put it bluntly:



**Read Luke 14:26-28, 33**

*26 "If anyone comes to me and does not hate his father and mother, his wife and children, his brothers and sisters—yes, even his own life—he cannot be my disciple. 27 And anyone who does not carry his cross and follow me cannot be my disciple. 28 "Suppose one of you wants to build a tower. Will he not first sit down and estimate the cost to see if he has enough money to complete it? .....33 In the same way, any of you who does not give up everything he has cannot be my disciple.*

And he put it invitingly:



**Read Mat 11:28-30**

*28 "Come to me, all you who are weary and burdened, and I will give you rest. 29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. 30 For my yoke is easy and my burden is light."*

**What strikes you most about the above passages?**

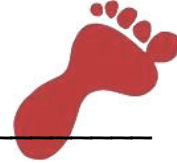
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To follow Jesus, we need to count the \_\_\_\_\_.

 How are you currently following Jesus in your lifestyle?



 Have you counted the costs?

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**Which other commandments did Jesus give His followers?**

Before Jesus went to heaven to be with the Father, He gave a very important instruction, called the Great Commission:

*19 Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20 and teaching them to obey everything I have commanded you. (Mat 28:19-20a)*

 **How well are you practising the Great Commission?**

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Jesus also gave us two Great Commandments.





## Read Mat 22:37-40.

*37 Jesus replied: "Love the Lord your God with all your heart and with all your soul and with all your mind." 38 This is the first and greatest commandment. 39 And the second is like it: 'Love your neighbor as yourself.' 40 All the Law and the Prophets hang on these two commandments."*

The Great Commandments regulate our relationship with \_\_\_\_\_ and with \_\_\_\_\_.

In Mat 25:31-46 we get a clear picture of what will happen on Judgement Day, there will be no misunderstanding of what Jesus meant about our love and service to those less fortunate than us:

*31 "When the Son of Man comes in his glory, and all the angels with him, he will sit on his throne in heavenly glory. 32 All the nations will be gathered before him, and he will separate the people one from another as a shepherd separates the sheep from the goats. 33 He will put the sheep on his right and the goats on his left. 34 "Then the King will say to those on his right, 'Come, you who are blessed by my Father: take your inheritance, the kingdom prepared for you since the creation of the world. 35 For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, 36 I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.' 37 "Then the righteous will answer him, 'Lord, when did we see you hungry and feed you, or thirsty and give you something to drink? 38 When did we see you a stranger and invite you in, or needing clothes and clothe you? 39 When did we see you sick or in prison and go to visit you?' 40 "The King will reply, 'I tell you the truth, whatever you did for one of the least of these brothers of mine, you did for me.' 41 "Then he will say to those on his left, 'Depart from me, you who are cursed, into the eternal fire prepared for the devil and his angels. 42 For I was hungry and you gave me nothing to eat, I was thirsty and you gave me nothing to drink, 43 I was a*

*stranger and you did not invite me in, I needed clothes and you did not clothe me, I was sick and in prison and you did not look after me.' 44 "They also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?' 45 "He will reply, 'I tell you the truth, whatever you did not do for one of the least of these, you did not do for me.' 46 "Then they will go away to eternal punishment, but the righteous to eternal life."*

Which "less fortunate" ones did Jesus care about?

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In verses 41-46 Jesus makes it clear that where such people were despised - the despisers despised \_\_\_\_\_ himself.



Let's read Mat 7:21 -23

*21 "Not everyone who says to me, 'Lord, Lord,' will enter the kingdom of heaven, but only he who does the will of my Father who is in heaven. 22 Many will say to me on that day, 'Lord, Lord, did we not prophesy in your name, and in your name drive out demons and perform many miracles?' 23 Then I will tell them plainly, 'I never knew you. Away from me, you evildoers!'*

GOD doesn't care about the great deeds we do in His name but His concern is for the fact that He may \_\_\_\_\_ us.

One of the easiest ways to know the LORD is through regular \_\_\_\_\_ with Him through \_\_\_\_\_.



### Read John 15:9-15

*9 "As the Father has loved me, so have I loved you. Now remain in my love. 10 If you obey my commands, you will remain in my love, just as I have obeyed my Father's commands and remain in his love. 11 I have told you this so that my joy may be in you and that your joy may be complete. 12 My command is this: Love each other as I have loved you. 13 Greater love has no one than this, that he lay down his life for his friends. 14 You are my friends if you do what I command. 15 I no longer call you servants, because a servant does not know his master's business. Instead, I have called you friends, for everything that I learned from my Father I have made known to you.*

Jesus puts the second of the Great Commandments on an even higher level by saying we must love one another as \_\_\_\_\_ loved \_\_\_\_\_.



What should you do to be called His "friend"?

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Is there a way to effectively reach the harvest which is around us in our cities and towns? A way that is possible for ALL Christians to do? A way in which we may also execute Jesus' commandments - especially the second Great Commandment?

Let us look at what Jesus did: Jesus trained twelve disciples, ordinary people like you and me. He chose them to take His message to the ends of the earth. He also sent seventy (or seventy two - NIV, Good News Bible etc.) others (even more ordinary people, whose names we do not even know), to take the message ahead of Him. They are the example that we follow in L-10-T for modern life!



Read Luke 10: 1-9

*1 After this the Lord appointed seventy-two others and sent them two by two ahead of him to every town and place where he was about to go. 2 He told them, "The harvest is plentiful, but the workers are few. Ask the Lord of the harvest, therefore, to send out workers into his harvest field. 3 Go! I am sending you out like lambs among wolves. 4 Do not take a purse or bag or sandals; and do not greet anyone on the road. 5 "When you enter a house, first say, 'Peace to this house.' 6 If a man of peace is there, your peace will rest on him; if not, it will return to you. 7 Stay in that house, eating and drinking whatever they give you, for the worker deserves his wages. Do not move around from house to house. 8 "When you enter a town and are welcomed, eat what is set before you. 9 Heal the sick who are there and tell them, 'The kingdom of God is near you.'*

What strikes you the most about this passage?

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We have extracted 4 steps from Jesus' commands in the above passage to give the ordinary Christian today some guidelines on how to follow Jesus in society. At the same time you will start to execute all His commandments!

The steps are:

Step 1: Bless

Step 2: Fellowship

Step 3: Meet Needs

Step 4: Tell about Jesus

How do I L-10-T?

We will discuss each step in detail!

Lesson 2

# STEP 1 : BLESS

What is the meaning of praying for the LORD's blessing or peace on a person or place?

The LORD's blessing or peace brings:

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The first step is to ask the blessing of the LORD on every place to which you go. Ask the LORD that His blessing and peace will rest on the place, its management, employees, and participants, family and whoever else may be there. It works wonders for any driver in city traffic to start blessing instead of cursing!

This prayer will usually be quiet, many times with eyes wide open. If you are alone or with a friend you may pray out loud.

This prayer is an expression of the second Great Commandment. The most wonderful blessing you may pray for someone is the LORD's blessing, peace or touch.

To better understand GOD's concept of His blessing on nations, groups and individuals let us:

 **Read Deut 28:1-13**

*1 If you fully obey the Lord your God and carefully follow all his commands I give you today, the Lord your God will set you high above all the nations on earth. 2 All these blessings will come upon you and accompany you if you obey the Lord your God: 3 You will be blessed in the city and blessed in the country. 4 The fruit of your womb will be blessed, and the crops of your land and the young of your livestock—the calves of your herds and the lambs of your flocks. 5 Your basket and your kneading trough will be blessed. 6 You will be blessed when you come in and blessed when you go out. 7 The Lord will grant that the enemies who rise up against you will be defeated before you. They will come at you from one direction but flee from you in seven. 8 The Lord will send a blessing on your barns and on everything you put your hand to. The Lord your God will bless you in the land he is giving you. 9 The Lord will establish you as his holy people, as he promised you on oath, if you keep the commands of the Lord your God and walk in his ways. 10 Then all the peoples on earth will see that you are called by the name of the Lord, and they will fear you. 11 The Lord will grant you abundant prosperity—in the fruit of your womb, the young of your livestock and the crops of your ground—in the land he swore to your forefathers to give you. 12 The Lord will open the heavens, the storehouse of his bounty, to send rain on your land in season and to bless all the work of your hands. You will lend to many nations but will borrow from none. 13 The Lord will make you the head, not the tail. If you pay attention to the commands of the Lord your God that I give you this day and carefully follow them, you will always be at the top, never at the bottom.*

**What strikes you the most about this passage?**

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There is nothing more wonderful for a person, organisation, city or country than the LORD's \_\_\_\_\_.



**Read 1 Tim 2:1-3**

*1 I urge, then, first of all, that requests, prayers, intercession and thanksgiving be made for everyone— 2 for kings and all those in authority, that we may live peaceful and quiet lives in all godliness and holiness. 3 This is good, and pleases God our Savior,*

**What strikes you the most about this passage?**

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The LORD is serious that in the \_\_\_\_\_ place we should offer different \_\_\_\_\_ for all people

and especially those in positions of \_\_\_\_\_.



**Read Jer 29:7**

*7 Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper."*

**What strikes you the most about this passage?**

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The LORD is serious about our seeking the peace of any \_\_\_\_\_ to which we go, even if we do not want to be there, and commands us to pray for it, because in its \_\_\_\_\_ we will find our \_\_\_\_\_.



### **Read Mat 5:43-48**

*43 "You have heard that it was said, 'Love your neighbor and hate your enemy.' 44 But I tell you: Love your enemies and pray for those who persecute you, 45 that you may be sons of your Father in heaven. He causes his sun to rise on the evil and the good, and sends rain on the righteous and the unrighteous. 46 If you love those who love you, what reward will you get? Are not even the tax collectors doing that? 47 And if you greet only your brothers, what are you doing more than others? Do not even pagans do that? 48 Be perfect, therefore, as your heavenly Father is perfect.*

**What strikes you the most about this passage - especially vs 44?**

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Again Jesus raises the crossbar in the high jump of love to a way-out height! Through this we come to understand His heart.

He aims at nothing less than perfection with the \_\_\_\_\_ as our ideal.

## Let's follow Him!

But something might stand in our way:



### Read Mat 6:12, 14-15

*12 Forgive us our debts, as we also have forgiven our debtors...14 For if you forgive men when they sin against you, your heavenly Father will also forgive you. 15 But if you do not forgive men their sins, your Father will not forgive your sins.*

**What strikes you the most about this passage?**

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If we are praying for the LORD's blessing it is important to \_\_\_\_\_ everybody for whom we bear a grudge.

**Be free!**

Let go of grudges against people - they are like bondages!

Give them to the LORD and you will be set free!



**Do you have anything against someone that you have not yet forgiven?**

**Ask the LORD to help you to forgive that person, now.**

You May Now Start Doing  
L-10-T Step 1.

You May Find That You Use  
Step 1 More Than The  
Others

## **STEP 2: FELLOWSHIP**

Step 2 is a treat. Jesus requires



us to be normal people who fellowship with other people wherever you are, whether it is school, varsity, work or where you visit.

Be friendly and normal and use normal language.

**NO Christianese!**

For the poor disciples in Jesus' time this step was really difficult, because they had a lot of religious rules such as what kind of food to eat and how to prepare it. **We do not have to worry about such rules!**

**Ensure that there is nothing in your behaviour or language that will put people off you as a person or Christian.**

Be friendly and normal and use the language of the group where you fellowship. Avoid Christian expressions which might sound foreign or weird to non-Christians, such as: "I am washed in the blood of the Lamb". We call this "Christianese".

Now consider whether there are any words or expressions that you normally use with people that might put them off

Jesus because you are using them. Is your language such (even if it is the language of you peer group) that you will use it where Jesus hears (by the way - He does!). Are you wont to gossip or engage in meaningless arguments. Make notes of anything that might be a stumbling block.



When fellowshiping with friends, it is important not to compromise, such as swearing, getting drunk, loosing your temper, getting high, have sex before marriage, flirt or doing anything against your moral values. Can you think of any things that you should not do when you are hanging out with friends?

Can you think about anything in your behaviour, between friends or at work, which you should not be doing if you want to portray Jesus without words?

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**What do we do with this offending language or other bad habit?**



**Read Rom 13:8 -14:23**

*8 Let no debt remain outstanding, except the continuing debt to love one another, for he who loves his fellowman has fulfilled the law. 9 The commandments, "Do not commit adultery," "Do not murder," "Do not steal," "Do not covet," and whatever other commandment there may be,*

are summed up in this one rule: "Love your neighbor as yourself." 10 Love does no harm to its neighbor. Therefore love is the fulfilment of the law. 11 And do this, understanding the present time. The hour has come for you to wake up from your slumber, because our salvation is nearer now than when we first believed. 12 The night is nearly over; the day is almost here. So let us put aside the deeds of darkness and put on the armor of light. 13 Let us behave decently, as in the daytime, not in orgies and drunkenness, not in sexual immorality and debauchery, not in dissension and jealousy. 14 Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.

1 Accept him whose faith is weak, without passing judgment on disputable matters. 2 One man's faith allows him to eat everything, but another man, whose faith is weak, eats only vegetables. 3 The man who eats everything must not look down on him who does not, and the man who does not eat everything must not condemn the man who does, for God has accepted him. 4 Who are you to judge someone else's servant? To his own master he stands or falls. And he will stand, for the Lord is able to make him stand. 5 One man considers one day more sacred than another; another man considers every day alike. Each one should be fully convinced in his own mind. 6 He who regards one day as special, does so to the Lord. He who eats meat, eats to the Lord, for he gives thanks to God; and he who abstains, does so to the Lord and gives thanks to God. 7 For none of us lives to himself alone and none of us dies to himself alone. 8 If we live, we live to the Lord; and if we die, we die to the Lord. So, whether we live or die, we belong to the Lord. 9 For this very reason, Christ died and returned to life so that he might be the Lord of both the dead and the living. 10 You, then, why do you judge your brother? Or why do you look down on your brother? For we will all stand before God's judgment seat. 11 It is written: "'As surely as I live,' says the Lord, 'every knee will bow before me; every tongue will confess to God.'" 12 So then, each of us will give an account of himself to God. 13 Therefore let us stop passing judgment on one another. **Instead, make up your mind not to put any stumbling block or obstacle in your brother's way.** 14 As one who is in the Lord Jesus, I am fully convinced that no food is unclean in itself. But if anyone regards something as unclean, then for

him it is unclean. 15 If your brother is distressed because of what you eat, you are no longer acting in love. Do not by your eating destroy your brother for whom Christ died. 16 Do not allow what you consider good to be spoken of as evil. 17 For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit, 18 because anyone who serves Christ in this way is pleasing to God and approved by men. 19 Let us therefore make every effort to do what leads to peace and to mutual edification. 20 Do not destroy the work of God for the sake of food. All food is clean, but it is wrong for a man to eat anything that causes someone else to stumble. 21 It is better not to eat meat or drink wine or to do anything else that will cause your brother to fall. 22 So whatever you believe about these things keep between yourself and God. Blessed is the man who does not condemn himself by what he approves. 23 But the man who has doubts is condemned if he eats, because his eating is not from faith; and everything that does not come from faith is sin.

**What strikes you most about the above passage?**

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In our Monday to Saturday interaction with people outside our family and congregation, we, as Christians, should not \_\_\_\_\_ which could give \_\_\_\_\_ to any neighbour, Christian or non-Christian, thereby driving them away from Jesus.

You might find that you can classify the things you do or think which may cause offense or which are sin in to two categories:

- Things that you say or do that other people may hear or see. These visible hindrances or sins should be eliminated as a first priority to enable you to do Step 2 successfully.
- Other sins are those of the mind or which you do when you are alone and hope nobody will ever find out about. These sins will not influence L-10-T directly (Except when something done in secret comes to the light!). You must work with the Lord to eliminate these sins and hindrances.

#### **How to eliminate the direct hindrances?**

Some of these hindrances are sins and others are simply habits which you may eliminate in a certain group due to your sensitivity about their beliefs. Some sins in this category (e.g. Swearing or losing one's temper) may be resisting your efforts to remove them from your life. **Firstly**, talk to the LORD about them; **secondly**, talk to trusted advisors; **thirdly, talk to professional advisors;** **fourthly**, if you have made an inner commitment to get rid of the offensive habit: publicly renounce the habit and if it re-surfaces, apologise publicly and ask people's forgiveness! **This last action may become a very strong witness for Christ!**

**Do I have to change my personality?**

No, of course not. Bad habits or sins are not part of your personality!

**What is the purpose of Step 2?**

To build friendships and relationships with people and thereby gain their trust by the example you set.

**You are now ready  
to implement  
step 2**

## STEP 3: MEET NEEDS

What do you understand about meeting people's needs?

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In step 3 you respond to the immediate needs of the people you meet wherever you go. One of your friends might express a need such as, a parent who became ill, the need for money to catch a bus/taxi, job loss, loss of a family member, desire to study further but aren't able to, loss of pet or others needs.

If you hear of such a need, you might, at an appropriate time, assist **physically** by giving some money (only if you can) or with a helping hand; assisting **emotionally** (e.g. by empathising) and/or by praying about the need - bringing His **BIG HAND** in to assist!

There are **three levels** of prayer in Step 3:

- ① You might pray softly or with a friend (everyone can do this!)
- ② Ask the person if you might pray for the need with him/her. This can be a simple prayer with the person involved, usually away from the group.

- ③ You may ask a person if they have a need that you can pray for (everyone is walking around with some or other need or desire).

The wonderful thing about praying for a need is that if you ask a person if it is okay to pray for the need, most people - Christian, Muslim, Hindu, New Age or atheist - will say yes.

**IF** they say No - then you simply turn away and pray for them anyway.

Which one of the three levels would you feel most comfortable with at this stage?

**Why?**



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**DO ROLE PLAY TO PRACTICE DIFFERENT LEVELS OF PRACTISING STEP 3. Note comments.**

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Remember L-10-T is not a competition or project with a limited time span! L-10-T is a new life style! Allow yourself

to experiment with this new life style in your specific environment from Monday to Saturday.

You might have literally tens of opportunities to L-10-T daily or you might think that you have none or few!

Whatever the case, do you agree that anyone older than twelve and younger than 100 can L-10-T? (We are not talking about people who are ill or are physically/emotionally disabled, or are hampered by old age).

**Discussion:**

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You are now ready to go and care for those around you in a new way at a level you never thought possible before!

Watch for the prompting of the Holy Spirit to approach someone or if you come across a type of need or caring which He might want you to specialise in.

Lesson 5

## STEP 4: TELL ABOUT JESUS



The fourth step is to answer questions that anyone may ask you about your faith, why you care or pray for people, why you kneel (30KD) when you pray.

Answer only the question and no more! Many people are moved (by the Holy Spirit) to a decision for Jesus in their lives. They watch people like you, who they know are Christians. They only need the information for which they ask. The next question may come in a few weeks' time.



**Read 1 Cor 3:5-7:**

*5 What, after all, is Apollos? And what is Paul? Only servants, through whom you came to believe—as the Lord has assigned to each his task. 6 I planted the seed, Apollos watered it, but God made it grow. 7 So neither he who plants nor he who waters is anything, but only God, who makes things grow.*

**What strikes you the most about this passage?**

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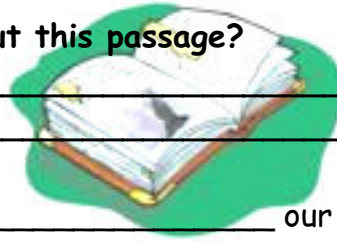
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**Read Luke 9:26**

*26 If anyone is ashamed of me and my words, the Son of Man will be ashamed of him when he comes in his glory and in the glory of the Father and of the holy angels.*

**What strikes you the most about this passage?**



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We should always be ready to \_\_\_\_\_ our faith in Jesus.

To ensure that you are prepared for sharing your testimony or the reason for your faith, jot down some notes regarding this:

**My testimony in a 3-minute story (No Christianese!)**

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**Now share your testimony with someone!**

Is there something I can do when I realise that there are people around me that obviously need the Lord Jesus Christ in their lives? **Yes, you can Take Five!**

## **TAKE FIVE (an application of L-10-T to the unsaved/backslidden)**

*Take Five is a 5 finger **prayer evangelism strategy** which you may effectively use to pray for people, whom the Lord has shown you, who need the Lord's blessing in their lives.*

✘ **First of Five:** *Make a list of one to five people/families **you** know who do not know Christ or who has backslidden or who need the blessing of the Lord in their lives.*

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

✘ **Second of Five:** *Spend one minute each day praying for each of the people for their salvation or restoration and any other specific need that they might have.*

When you pray for them, pray for **five things**:

- ☞ **Body** – health, protection, strength
- ☞ **Labour** – work, income, security
- ☞ **Emotional** – joy, peace, hope, love
- ☞ **Social** – marriage, family relationships, friends, neighbours, colleagues
- ☞ **Spiritual** – salvation, faith, grace, mercy, spiritual growth

(You can add other things to pray for, but start by using these five prayer pointers as you pray for the five persons/families.)

When you pray for the salvation of people, you can also ask God that, through the power and work of the Holy Spirit, people will start to ask themselves the following questions:

- Whom can I trust?
- What is my purpose in life?
- When will I be free of my cares?
- Where will I go when I die?
- Why do I hate God? / Why do I run away from God?
- How can I handle my problems?
- Where will I be safe? / Who can protect me?

✘ **Third of Five:** Specifically **care for these people** by using step 3 of L-10-T on them very specifically at every opportunity – but it must be genuine!!

✘ **Fourth of Five:** Be ready to **share the good news** of Jesus with them as in L-10-T Step 4

✘ **Fifth of Five:** **Persevere** with the prayer for the people on your list until they meet Jesus or for at least one year.

***FIVE PEOPLE; FIVE MINUTES; FIVE PRAYERS; FIVE THINGS;  
FIVE SOULS!***

**You are now ready to  
Implement the Four  
Steps of  
L-10-T**

Lesson 6

# THE RETURN - THE L-10-T EFFECT!



L-10-T changes lives - firstly yours and then those with whom you L-10-T.

Let us read what happened to the Luke 10 disciples as they returned:

*17 The seventy-two returned with joy and said, "Lord, even the demons submit to us in your name."*

*18 He replied, "I saw Satan fall like lightning from heaven. 19 I have given you authority to trample on snakes and scorpions and to overcome all the*

*power of the enemy; nothing will harm you. (Luke 10:17-19)*

Likewise ordinary people like you and me will return from wherever we have been during the week with glowing faces and reports of the wonders that GOD has done in the lives of the people touched by Him.

## Example

We also learn that we do not have to \_\_\_\_\_.

When you start with L-10-T it is good to do it with a friend (Remember that Jesus sent the disciples out two-two.) But if you do not have someone with whom you may share do not delay your L-10-T-ing.

Find a place where you can report back as the disciples did when they returned, such as a once a week report back or debriefing. This can happen at a Christian Association at school or work; with a friend or teacher; or in another group setting such as at home with the family. You may also report back in your cell group, congregation (on Sundays) or Sunday school.



**Read Luke 10:20-24**

*20 However, do not rejoice that the spirits submit to you, but rejoice that your names are written in heaven." 21 At that time Jesus, full of joy through the Holy Spirit, said, "I praise you, Father, Lord of heaven and earth, because you have hidden these things from the wise and learned, and revealed them to little children. Yes, Father, for this was your good pleasure. 22 "All things have been committed to me by my Father. No one knows who the Son is except the Father, and no one knows who the Father is except the Son and those to whom the Son chooses to reveal him." 23 Then he turned to his disciples and said privately, "Blessed are the eyes that see what you see. 24 For I tell you that many prophets and kings wanted to see what you see but did not see it, and to hear what you hear but did not hear it."*

**What strikes you the most about this passage?**

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Jesus warns us not to think too \_\_\_\_\_ of ourselves if wonderful things happen when we L-10-T. If anything happens it is the work of the \_\_\_\_\_.

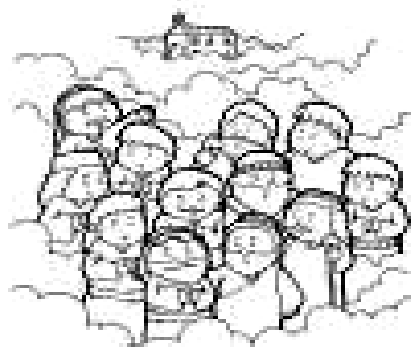
**Remember! Even if you do L-10-T by praying quietly - you are following Jesus' commandments and should not feel any condemnation.**

People may also become lazy - **therefore it is vital to have a time and place for reporting back** - so that we may encourage each other to persevere and to touch more people with L-10-T.

**Jesus rejoiced when He saw what the impact was when the disciples returned after L-10-Ting!**

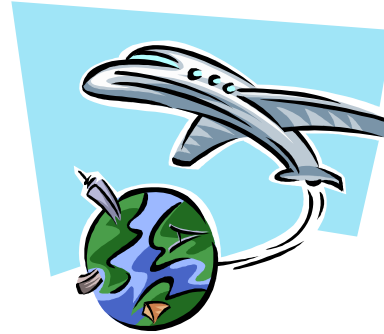
**THAT IS HOW JESUS WILL REJOICE TODAY IF YOU START TO L-10-T!**

**L-10-T creates a spiritual battle of note in the heavenlies!**



# LET'S GO!

You have to start L-10-T-ing quickly! - within a maximum of four days of this training!



**Read James 2:14-17**

*14 What good is it, my brothers, if a man claims to have faith but has no deeds? Can such faith save him? 15 Suppose a brother or sister is without clothes and daily food. 16 If one of you says to him, "Go, I wish you well; keep warm and well fed," but does nothing about his physical needs, what good is it? 17 In the same way, faith by itself, if it is not accompanied by action, is dead.*

**What strikes you the most about this passage?**

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**BUT!.....**

Now that you are technically trained to L-10-T - consider whether there is anything that will hinder your starting or continuing L-10-T-ing?

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**Discuss thoroughly and ensure that you have a definite plan on how you will start L-10-T-ing.**

Use the accompanying table to monitor your first 21 days (the period it takes to establish a habit) of L-10-T-ing - you will do as you measure!

**21 Days to form a habit; 21 months to change a lifestyle! (From the 30KD manual)**

## L-10-T

### Summary

Write down how you are going to remember the four steps:

**Step 1:** \_\_\_\_\_

**Step 2:** \_\_\_\_\_

**Step 3:** \_\_\_\_\_

**Step 4:** \_\_\_\_\_

**Refer back to lesson 1.**

Do you feel that you are now better able to obey Jesus' commandments?

The Great Commission: \_\_\_\_\_  
\_\_\_\_\_

The First Great Commandment: \_\_\_\_\_

The Second Great Commandment: \_\_\_\_\_

The Less Fortunate: \_\_\_\_\_

To Follow Jesus: \_\_\_\_\_

To be Jesus' Friend: \_\_\_\_\_

To know God and be known by Him: \_\_\_\_\_

To build your faith: \_\_\_\_\_

**You are now  
ready to start  
L-10-T!**

DAY NO/ DATE	WHAT DID YOU DO?	WHAT HAPPENED?
Example	When I entered Checkers I prayed for God's blessing on the place, staff & customers	I looked differently at those around me.
1		
2		
3		
4		
5		
6		
7		
8		
9		


10		
11		
12		
13		
14		
15		
16		
17		
18		
19		
20		
21		

## ANSWERS


1. cost
2. God
3. other people
4. thirsty
5. hungry
6. foreigners
7. naked
8. ill
9. prisoners
10. Jesus
11. know
12. communication
13. prayer
14. He
15. us
16. His wonderful goodness, mercy and grace in a person's life
17. blessing
18. first
19. prayers
20. authority
21. place
22. peace
23. peace
24. Father in Heaven
25. forgive
26. do anything
27. offence
28. Helping someone where and if you can
29. share
30. fear
31. much
32. Holy Spirit



Jericho Walls International  
Prayer Network  
Witwatersrand

 011 827 8037

 011 824 1985

 083 279 5889 (Lenthia)

 082 650 5684 (Willem)

 [lenthia@jwipn.com](mailto:lenthia@jwipn.com)

 [wjoubert@icon.co.za](mailto:wjoubert@icon.co.za)

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